



Building Families, Strengthening Lives

Human Resource Training, Inc. – Parenting Skills Program
 2131 E. Broadway Road, Suite 14 Tempe, AZ 85282 ~ (480) 967-6895

Registration starts at 5:30 p.m. weekly

Classes are Thursdays 6:00 – 8:00 p.m.

Fall Session 2018

Date	Class I – Parents of Infants, Toddlers and Preschool Children	Class II – Parents of Children in grades K-12 including the Positive Parenting Program for Challenging Behaviors
Sept. 6	Encouragement	Encouragement
Sept. 13	Anger Management for Parents	Anger Management for Parents
Sept. 20	Infant/Toddler Development/Growth & Brain Development	1-2-3-Magic
Sept. 27	Toddler & Preschool Discipline	Effective Communication
Oct. 4	Incentives (Rewards), Positive Reinforcement, and Potty Training	Overview of Positive Parenting
Oct. 11	Temper Tantrums & Sibling Rivalry	Making House Rules
Oct. 18	Sleeping Behaviors, Fears, Anxiety, TV, Nutrition & Eating Habits	Promoting Good Habits
Oct. 25	Safety Issues and Medical Matters	Rewards and Responsibilities
Nov. 1	Understanding Co-Parenting	Understanding Co-Parenting