



Building Families, Strengthening Lives

Human Resource Training, Inc. – Parenting Skills Program
 2131 E. Broadway Road, Suite 14 Tempe, AZ 85282 ~ (480) 967-6895

Registration starts at 5:30 p.m. weekly

Classes are Thursdays 6:00 – 8:00 p.m.

Spring Session 2018

Date	Class I - Parents of Infants, Toddlers and Preschool Children	Class II - Parents of Children in grades K-12 including the Positive Parenting Program for Challenging Behaviors
Jan. 11	Encouragement	Encouragement
Jan. 18	Anger Management for Parents	Anger Management for Parents
Jan. 25	Infant/Toddler Development/Growth & Brain Development	1-2-3-Magic
Feb. 1	Toddler & Preschool Discipline	Effective Communication
Feb. 8	Incentives (Rewards), Positive Reinforcement, and Potty Training	Overview of Positive Parenting
Feb. 15	Temper Tantrums & Sibling Rivalry	Making House Rules
Feb. 22	Sleeping Behaviors, Fears, Anxiety, TV, Nutrition & Eating Habits	Promoting Good Habits
Mar. 1	Safety Issues and Medical Matters	Rewards and Responsibilities
Mar. 8	Understanding Co-Parenting	Understanding Co-Parenting

Instructors

Jeremy Garlington, BIS

Cassie Cuevas, BA