

# Enrollment

This 9-week class session will be held on Thursday evenings 6:00 pm - 8:00 pm at 2131 E. Broadway, Suite 14, Tempe, AZ 85282. Phone: (480) 967-6895. Located on the SW corner of the 101 Freeway (Price Road) and Broadway Road.

Once an entire 9-week session has been completed and all the fees paid, participants may take an unlimited number of classes at no cost. Participants must attend the same class and sign in and out each week in order for attendance to count towards their certificate. Certificates are issued after the completion of 9 required classes.

**FEEs:** Classes are \$15 each week per person or \$100 prepay per person (this saves you \$35.00). Prepay will only be accepted on or before the participant's first day of class. We accept cash or money orders only.

- ⇒ Minimum enrollment payment is \$15.
- ⇒ New participants are welcome to begin anytime in the first 5 weeks.
- ⇒ All 9-week Parenting Classes must be completed within 12 months of your first class, to receive a Certificate of Completion.



Building Families, Strengthening Lives

Human Resource Training Inc.

Parenting Skills Program  
Presents:

## Parenting Classes

Fall Session

Sept. 7 – Nov. 2, 2017



**Classes held Thursday  
evenings 6:00-8:00 pm**

**Registration at 5:30 pm each  
Thursday of class**

HRT/Parenting Skills Program  
2131 E. Broadway Rd. Ste 14  
Tempe, AZ 85282



Building Families, Strengthening Lives

**Human Resource Training, Inc. – Parenting Skills Program**  
 2131 E. Broadway Road, Suite 14 Tempe, AZ 85282 ~ (480) 967-6895

Registration starts at 5:30 p.m. weekly

Classes are Thursdays 6:00 – 8:00 p.m.

### Fall Session 2017

<b>Date</b>	<b>Class I - Parents of Infants, Toddlers and Preschool Children</b>	<b>Class II - Parents of Children in grades K-12 including the Positive Parenting Program for Challenging Behaviors</b>
Sept. 7	Encouragement	Encouragement
Sept. 14	Anger Management for Parents	Anger Management for Parents
Sept. 21	Infant/Toddler Development/Growth & Brain Development	1-2-3-Magic
Sept. 28	Toddler & Preschool Discipline	Effective Communication
Oct. 5	Incentives (Rewards), Positive Reinforcement, and Potty Training	Overview of Positive Parenting
Oct. 12	Temper Tantrums & Sibling Rivalry	Making House Rules
Oct. 19	Sleeping Behaviors, Fears, Anxiety, TV, Nutrition & Eating Habits	Promoting Good Habits
Oct. 26	Safety Issues and Medical Matters	Rewards and Responsibilities
Nov. 2	Understanding Co-Parenting	Understanding Co-Parenting

#### Instructors

*Jeremy Garlington, BIS*

*Cassie Cuevas, BA*